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IdahoSTARS is a joint project between the University of Idaho’s Center on Disabilities and Human Development (CDHD) and the Idaho Association for the Education of Young Children (Idaho AEYC). The project is funded by the Idaho Department of Health and Welfare (DHW) through the Child Care Development Block Grant (CCDBG).

IDAHOSTARS CHILD CARE HEALTH CONSULTANT PROGRAM MISSION

The IdahoSTARS project strives to ensure that Idaho’s children have access to the highest quality early care and education by supporting health, safety, and nutrition practices in child care through the Child Care Health Consultant Program.

CCHC PROGRAM GOALS

Goal 1
Promote, support, and enhance health, safety, and nutrition practices in Idaho child care settings

Goal 2
Support collaboration and partnerships concerning health, safety, and nutrition in child care settings

Goal 3
Provide Idaho child care providers with current training and resources on best practices in health, safety, and nutrition

Goal 4
Support each child’s health, safety, and nutritional needs (i.e. children with developmental delays, disabilities, complex health care needs, diverse cultural characteristics, and children at nutritional risk)

Goal 5
Promote engagement of families regarding health, safety, and nutrition in the child care setting
CHILD CARE HEALTH CONSULTATION

“CCHCs provide consultation, training, information and referral, and technical assistance to caregivers/teachers. Growing evidence suggests that CCHCs support healthy and safe early care and education settings and protect and promote the healthy growth and development of children and their families.”

-Caring for Our Children, Standard 1.6.0.1

Building Better Child Care through Child Care Health Consultation, video available at nti.unc.edu/video/

IDAHOSTARS CHILD CARE RESOURCE CENTER (CCRC) TEAMS
ROLE OF CHILD CARE HEALTH CONSULTANTS

Job Description
This position promotes healthy and safe child care by assisting with program policy development and implementation of quality health, safety, and nutrition practices in early care and education settings. This position provides coaching, training, and resources to child care directors, child care providers, families, and regional and statewide partners.

Scope of Work
- Provide training presentations to child care providers and families on health, safety and nutrition topics
- Use a coaching approach during onsite consultations with child care providers and regional team members to support development of health, safety, and nutrition policies and implementation of practices
- Collect and record required documentation for site-visits and provider contacts into NACCRAware
- Attend regional team meetings to share health, safety, and nutrition information and to plan for and support individual child care providers and child care programs
- Participate in the annual IdahoSTARS Summit
- Participate in monthly community of practice call with CCHC Coordinator, Child Care Liaison from Idaho AAP, Community Partners and other CCHCs
- Maintain current licensure, if applicable

Responsibilities
- Take and respond to CCHC referrals for assigned regional areas (contact must be initiated within 2 business days of referral)
- Provide onsite coaching to program directors, classroom teachers, and home-based child care providers
- Provide health and safety trainings when needed in regional areas
- Provide support and coaching to regional team members, during and outside of team meetings
- Develop or identify health and safety resources based on the National Health and Safety Performance Standards (cfoc.nrckids.org/)
- Collect data on CCHC services provided in regional areas
- Establish regional partnerships with health districts, early intervention providers, medical providers, etc. to support healthy and safe child care
- Participate in CCHC Community of Practice
- Support programs with referrals to specialists (i.e. health services and screenings, playground safety inspections, and inclusion consultation)
ETHICAL CONSIDERATIONS

A variety of early childhood and health professional organizations have developed professional ethics for individuals that work on behalf of children and families. These ethics may be applied to those professionals working in the Child Care Health Consultation field.


DEC Code of Ethics, available at dec.membershipsoftware.org/files/Position%20Statement%20and%20Papers/Member%20Cod e%20of%20Ethics.pdf

**TYPES OF CCHC SERVICES PROVIDED**

**Coaching Site Visits**- A site visit with a child care provider that utilizes an adult learning strategy in which the coach promotes the learner’s ability to reflect on his or her actions as a means to determine the effectiveness of an action or practice and develop a plan for refinement and use of the action in immediate and future situations (Rush & Sheldon, 2011)

**Team Support**- Support to team members during and outside of team meetings for each assigned regional area to share health, safety, and nutrition information and resources with team members, and work with team members to determine when CCHC supports are needed for specific child care programs or providers

**Email Consultation**- Any email correspondence with child care providers to support health, safety, and nutrition practices

**Phone Consultation**- Any phone correspondence with child care providers to support health, safety, and nutrition practices

**CCHC ORIENTATION**

**Child Care Aware Training Academy**

*NACCRAware 101*: Designed for new NACCRAware users, this series of sessions covers Navigation Basics and Basic Provider Data Entry, Client Data Entry, Quick Search and Referral Printouts, Custom Search and Custom Reports, and Standard Reports.

*Basic Training for CCR&R Staff*: This 10-hour training series includes five self-paced modules designed to orient new and experienced staff on the Essentials of CCR&R including child care in America, CCR&R in America and CCR&R Best Practices.

**National Training Institute for Child Care Health Consultants**

*Healthy Inclusion through Child Care Health Consultation*, [nti.unc.edu/healthy_inclusion/](http://nti.unc.edu/healthy_inclusion/)

*Healthy Bodies—Promoting Nutrition and Physical Activity through Child Care Health Consultation*, [nti.unc.edu/healthy_bodies/](http://nti.unc.edu/healthy_bodies/)

*Healthy Smiles through Child Care Health Consultation*, [nti.unc.edu/healthy_smiles/](http://nti.unc.edu/healthy_smiles/)

**IdahoSTARS CCHC Orientation Meeting**

This orientation will be conducted with the IdahoSTARS CCHC Program Coordinator onsite or via GoToMeeting.
University of Idaho Required Training
The CCHCs must complete all required trainings for University of Idaho CDHD Staff.

IdahoSTARS CCHC Community of Practice
A monthly Community of Practice meeting will provide IdahoSTARS CCHCs the opportunity to ask questions and share resources with each other, the statewide CCHC Coordinator, and other statewide partners that support healthy initiatives in child care settings.

Team Co-visits
Upon hiring, CCHCs will participate in co-visits with regional team members, followed up with time to reflect and ask questions.
PARTNERS AND RESOURCES

Websites
AIM Early Idaho, www.aimearlyidaho.org
Delta Dental, oralhealth.deltadental.com
Division for Early Childhood, www.dec-sped.org
Children’s Environmental Health Network, www.cehn.org
Feeding Young Children in Group Settings, www.cals.uidaho.edu/feeding/
Health Child Care America: A Program of the American Academy of Pediatrics, www.healthychildcare.org
Idaho Chapter of the American Academy of Pediatrics, www.idahoaap.org
Idaho Early Learning eGuidelines and Supplemental Materials, healthandwelfare.idaho.gov/Children/InfantToddlerProgram/EarlyLearningeGuidelines
Idaho Health Districts, www.healthandwelfare.idaho.gov/Health/HealthDistricts
National Association for the Education of Young Children, www.naeyc.org

Books and Online Resources
Caring for Our Children, National Health and Safety Performance Standards (Available online at cfoc.nrckids.org)
Managing Infectious Diseases in Child Care and Schools (Available in Regional Lending Library)
Managing Chronic Health Needs in Child Care and Schools (Available in Regional Lending Library)
Child Care Manual (available on IdahoSTARS CCHC webpage)
ACRONYMS/ABBREVIATIONS/GLOSSARY

AAP- American Academy of Pediatrics

CCDBG- Child Care Development Block Grant

CCHC- Child Care Health Consultant, promotes healthy and safe child care by assisting with program policy development and implementation of quality health, safety, and nutrition practices in early care and education settings. This position provides coaching, training, and resources to child care directors and providers, families, and regional and statewide partners.

CCRC- Child Care Resource Center

CDHD- Center on Disabilities and Human Development, University of Idaho

Coaching- An adult learning strategy in which the coach promotes the learner’s ability to reflect on his or her actions as a means to determine the effectiveness of an action or practice and develop a plan for refinement and use of the action in immediate and future situations (Rush & Sheldon, 2011)

Early Childhood Inclusion- Early childhood inclusion embodies the values, policies, and practices that support the right of every infant and young child and his or her family, regardless of ability, to participate in a broad range of activities and contexts as full members of families, communities, and society. The desired results of inclusive experiences for children with and without disabilities and their families include a sense of belonging and membership, positive social relationships and friendships, and development and learning to reach their full potential. The defining features of inclusion that can be used to identify high quality early childhood programs and services are access, participation, and supports. (DEC/NAEYC, 2009)

ECERS- Early Childhood Environmental Rating Scale

ERS- Environmental Rating Scale

ICP- Inclusive Classroom Profile

ICCP- Idaho Child Care Program, child care subsidy for qualifying families

ITERS- Infant Toddler Environmental Rating Scale

Idaho AEYC- Idaho Association for the Education of Young Children

IdahoSTARS Regional Offices- Seven regional offices across the state comprised of at least 2 Quality Child Care Consultants and at least 1 Resource Specialist
**IdahoSTARS Training:** Any training activity in which a child care provider receives IdahoSTARS training hours. This can include face-to-face training, onsite training, or distance (web-based) training.

**PDS**-Professional Development System

**QRIS**-Quality Rating and Improvement System (Steps to Quality)

**Quality Child Care Consultant**- Supports the regional office in meeting the goals of the IdahoSTARS program by recruiting child care providers to the Idaho Child Care Program (ICCP) and the IdahoSTARS Professional Development System (PDS), and by providing consultation services, technical assistance, orientations, and resources to child care providers and registry participants.

**Resource Specialist**- Provides Regional Parent Referrals, conducts ICCP orientations by providing accurate information and conducting follow-up site visits, responsible for the direct oversight of the Regional Lending Library, provides support to regional staff as needed.

**Steps to Quality**-Idaho’s Quality Rating and Improvement System

**UCEDD**-University Center for Excellence in Developmental Disabilities

**YIKES**-Your Inventory for Keeping Everyone Safe (IdahoSTARS Planning Guide for Emergency Response Planning in Child Care)