Managing Food Allergies in the Early Care Setting (FARE)

**LEARNING OBJECTIVES**

- Providers will know the importance of having written plans for children with food allergies
- Providers will be able to reduce exposure to allergens in the child care setting
- Providers will know the importance of educating and training all staff on food allergy emergency protocols
- Providers will have a better understanding of the laws that require accommodations and inclusion for children with food allergies, dietary restrictions, and other special healthcare needs

*This training is one of the Essential Trainings developed or identified by IdahoSTARS to meet our goal of improving child care through professional development. The Essential Trainings are embedded in Steps to Quality, Idaho’s Quality Rating and Improvement System and introduce the basics of child development, health & safety, relationships with families & communities, and supporting children with diverse abilities. Think of this training and all Essential Trainings as introductions to a broad subject. You can explore other IdahoSTARS trainings to deepen your knowledge. Scholarships are available through IdahoSTARS to support your ongoing education*


**Instructions**

1. Access FARE: Managing Food Allergies in the Early Care setting through the IdahoSTARS Distance Learning page
2. Complete the training
   
   **NOTICE:** There is approximately a one minute pause during this webinar. Please continue playing webinar video during the brief interruption.
3. Complete the quiz using the information provided in the training
4. Mail, Email, or Fax your completed quiz, your name, facility, email address, address, and phone number to:
Mail to: IdahoSTARS Training Office  
Center on Disabilities and Human Development  
University of Idaho  
1187 Alturas Dr  
Moscow, ID 83843-8331  
Email: idahostars@uidaho.edu

5. Complete the Training Evaluation in your Provider Training Account
6. Complete the checklist of practices which corresponds with this training and is included in the training materials. You are encouraged to work with your director, other staff members, or co-teachers to complete and reflect on the checklist.

Note: Quizzes are processed in the IdahoSTARS Training Office and must receive a minimum score of 80% to receive training hours. The quiz may be retaken and resubmitted until satisfactory score is received.